DISCOVER A NEW YOU.

Scarless Breast Enhancement • Botox Injections • External Ultrasound Liposuction • Rejuvage • Facial Lifts • Eyelifts • Cellulite Reduction • Skin Care • And More.

6635 DALY ROAD • WEST BLOOMFIELD, MI 48322
248-538-3333 • WWW.ANEWYOU.COM

DR. MICHAEL W. GRAY, D.O.
Michigan Cosmetic Surgery Center

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Get the look you’ve always dreamed of … with the care, confidence and personal touch of Dr. Michael W. Gray, D.O.

Today’s competitive, youth-oriented society has made cosmetic surgery an important option. Increasing numbers of appearance conscious men and women with a desire to look younger, slimmer or simply more attractive are choosing cosmetic surgery. Improved appearance can be a major factor in developing a more positive self-image.

As a cosmetic surgeon, Dr. Gray specializes in total body aesthetic surgery. Dr. Gray is a leading surgeon in many forms of cosmetic surgery and is considered an expert in his field. He is a leading cosmetic surgeon in the country. Dr. Gray has extensive experience in all forms of cosmetic surgery including facelifts, scarless breast augmentation, external ultrasonic liposuction, necklifts, eyelifts, tummy tucks, and laser resurfacing, just to name a few.

In Dr. Gray’s state of the art surgical facility and Skin Deep Spa, you will feel the confidence, compassion and personal touch of Dr. Michael W. Gray.

Located inside this 10,000 square-foot facility is Skin Deep Spa, offering the latest in non-invasive techniques for skin rejuvenation. For your convenience, The Beautibar is situated in the waiting area, carrying the latest in medical-grade skincare products.
The wide scope of training acquired by Dr. Gray enables him to provide you with the broadest range of cosmetic surgery options to choose from.

Dr. Gray graduated Cum Laude from the University of Miami where he also received a Presidential Scholarship. He earned a Doctor of Osteopathic Medicine degree from Southeastern University of Health Sciences – College of Osteopathic Medicine in Florida.

His residency was at Midwestern University – Chicago Osteopathic Medical Centers where he was Chief Resident. Dr. Gray completed his cosmetic surgery fellowship there specializing in Total Body Aesthetic Surgery accredited through the American Academy of Cosmetic Surgery, as well as a Fellowship from the Maxillofacial Surgery Department of Northwestern University in Chicago.

Dr. Gray has been a guest speaker and instructor to the American Academy of Cosmetic Surgery – Live Surgery Workshop on Breast Augmentation and Mastopexy, and Northwestern University Dental School, to name a few. He has published numerous articles and contributed much to his field of surgery.


Dr. Gray has been interviewed to discuss the latest techniques in cosmetic surgery on WDIV 4, WXYZ 7, FOX 2, UPN 50, 12 FLINT, WKQI 95.5 FM, WWJ 950 AM, WPLT 96.3, WNMC 100.3 FM, WJR, WRIF 101.1 FM, and you may have also read what he has to say in the Oakland Press, The Detroit News, Jewish News, Hour Detroit Magazine, HealthStyles magazine, Style magazine, Wedding Pages and Ambassador magazine…..

Dr. Gray offers both surgical and non-surgical options. The Skin Deep Spa provides clients with medical grade face and body treatments in a relaxing spa setting.

Dr. Gray’s facility is located at 6635 Daly Road, West Bloomfield, MI 48322.

For your complimentary consultation call 248•538•3333.

If you’re looking for a less aggressive approach to a beautiful new you, Skin Deep Spa is your answer. Whether you want to enhance your skin, reduce wrinkles, or look younger, Skin Deep Spa uses the latest therapeutic skin technologies & lasers to help restore your youthful appearance and get you looking and feeling your best.

With the most advanced scientific techniques and treatments from around the world, the skin care specialists at Skin Deep Spa can offer a full range of face and body treatments: non-invasive lasers, European facials, massage, cellulite reduction treatments and many more.
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B O D Y

DR. MICHAEL W. GRAY, D.O.
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SKIN DEEP
SPA
Liporeduction is the only proven method to safely, effectively, and permanently treat abnormal fat in specific areas of the body that are problematic, but rather, affect the entire body's well-being. Targeted removal of greater amounts of fat.

SMART LIPOMX can be combined with EUAL to obtain more skin tightening as well. For patients who have experienced tightening of the skin, to the point where further surgery to lift the breasts was not a consideration.

Ultrasonic Assisted Liposuction, high frequency sound waves are applied to the breasts. This allows a reduction of breast tissue through three small puncture sites discreetly placed under the breast, and in the armpit. Through this technique the breasts can be reduced in size without scars. Many women have experienced tightening of the skin, to the point where further surgery to lift the breast was not desired. SMARTLIPOMX can be combined with EUAL to obtain more skin tightening as well. For women who decide that a Breast Lift is desired, this can be performed 3 months later. The advantage of this two stage process is less discomfort and a quicker recovery while maintaining breast function.

**Breast Lift**
Breast Lift surgery entails lifting the nipple and tightening the skin of the breast. This is a painless procedure as described by most patients. A Breast Lift can be done in combination with Saline or Silicone Breast Implants if more fullness to the breasts is desired.

**Inverted Nipples/ Large Nipples/ Herniated “Puffy” Nipples/ Large Aréolas**
These problems can be corrected through simple easy techniques by Dr. Gray.

**Liposuction, Liposculpting, Liporeduction, Lipoplasty, SMARTLIPOMX, EUAL**
Dieting and exercise can not reduce problem areas. These methods of weight control do not target the specific areas of the body that are problematic, but rather, affect the entire body well being. Targeted Liposuction is the only proven method to safely, effectively, and permanently treat abnormal fat deposits. These methods effectively eliminate those cells forever.

To accomplish a permanent reduction in fat, two procedures exist. When used together or in combination, heightened results are achieved: External Ultrasonic Liposuction and Smart Lipo MPX.

**External Ultrasonic Liposuction**
External Ultrasonic Liposuction (EUAL) is performed using a handpiece to massage ultrasonic (high frequency) sound waves through the skin. This procedure liquefies the fat cells, which are then easily removed through small puncture holes. The procedure, unlike traditional liposuction, allows for the removal of greater amounts of fat.

**Breastless Augmentation/ Enlargement: Silicone or Saline**
Breastless Breast Enlargement, Endobam, TUBA, PEBAM
Dr. Gray, a pioneer in "Scarless" Breast enhancement can enlarge breasts through a tiny incision in the belly button, so there is no scarring, much less discomfort and a quick recovery." Patients typically resume normal activities within a few days. Implants can be placed under or over the chest muscle through the navel.

**Traditional / Classical Breast Enlargement**
Traditional methods of Breast enlargement involve incisions (scars) on the chest. Thus, patients are left with scars around the nipple, under the breast, or in the armpit. These approaches to breast augmentation involve more recovery. Dr. Gray can offer any method of insertion. Whether you are choosing Saline or Silicone implants: placing them under or over the muscle, going through the Navel or Incisions, Dr. Gray will review your options so you can decide which procedure is right for you.

**Breast reduction (Scarless/ Traditional)**
Two options exist for women seeking breast reduction. The traditional approach involves removing excess breast tissue while reshaping the breasts and raising the nipple to a more normal position. This procedure results in a smaller, lifted and shapelier breast.

A more contemporary safer approach to breast reduction is the Scarless Method. Using External Ultrasonic Assisted Liposuction, high frequency sound waves are applied to the breasts. This allows reduction of breast tissue through three small puncture sites discreetly placed under the breast (2), and in the armpit (1). Through this technique the breasts can be reduced in size without scars. Many women have experienced tightening of the skin, to the point where further surgery to lift the breast was not desired. SMARTLIPOMX can be combined with EUAL to obtain more skin tightening as well. For women who decide that a Breast Lift is desired, this can be performed 3 months later. The advantage of this two stage process is less discomfort and a quicker recovery while maintaining breast function.

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**SMARTLIPOMX**
Dr. Gray is the first to have Smartlipo MPX in Michigan. This revolutionary New Laser can more effectively and permanently remove fat, tighten skin, and treat cellulite.

A very tiny tube, approximately 2-3mm in diameter, containing a laser fiber is inserted under the skin. The tube is moved back and forth under the skin in the fatty layer, delivering the laser's energy to destroy fat cells. The smart sense technology and temperature devices allow for the most effective, safe and accurate treatment of fat, skin and cellulite. Unlike other lasers, the technology behind MPX is unsurpassed. This procedure can be performed under local anesthesia.

**The Perfect Lipo**
Pioneered by Dr. Gray, the Perfect Lipo is a combination of procedures custom tailored to patient needs. This procedure is designed to target different problems that patients face. The Perfect Lipo reduces fat, tightens skin, and smooths cellulite.

**Tucks - Tummy Tucks, Thigh Tuck, Arm Tuck, Mini Tucks, Butt Lift, Lateral Butt Lift**
These procedures are designed to remove excess skin of the body, through different methods that hide incisions in inconspicuous areas of the body. The location and extent of these incisions depend upon what is required to achieve the desired result. While performing a Tummy Tuck, when indicated or desired, the muscles of the abdomen can be tightened to produce a flatter and more even contour.

**Male Chest Reduction**
Some men have deposits of excess breast tissue, and fat in their breasts giving them female form. External Ultrasonic liposuction of the male chest allows for a dramatic reduction in size without extensive scarring. EUAL can be combined with SMARTLIPOMX to obtain more reduction in size, and skin tightening. This procedure can be performed with a local anesthetic.

**Pectoral Implants**
One of the most common genetic abnormalities in men is the lack of a portion of the pectoral muscle on one or both sides of the chest. A customized pectoral implant, designed to fit your chest and your needs, can be created to restore your chest to a more fit form. These implants are typically inserted through a small incision in the armpit, nipple/ areola, or under the chest. Unlike breast implants, male chest implants are solid and designed to look and feel like a male chest.

**Labiaplasty**
Cosmetic Labiaplasty (labia reduction surgery and beautification) involves surgically reducing and/or reshaping the female external genital structures.

**Veins - Sclerotherapy / Vein Removal / Laser Vein**
Rid yourself of the unsightly veins that have formed around your thighs, calves and ankles with simple injections of a safe and harmless salt water solution or Laser Treatments. Larger Veins can also be surgically removed.

**Scar Revision, Moles and Lesions**
Surgical and Non Surgical protocols are available.
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We find beauty everywhere in nature. In the perfect symmetry of its inhabitants … In the smooth surfaces of its fruits … In the supple curves of its blossoms …

No matter where we find beauty, it’s only natural that we seek to capture its likeness, embrace its essence and share it with the world.

**Botox / Dysport**
An excellent choice for smoothing wrinkles on the forehead, brow, nose, eyes, lips and neck. This harmless chemical is designed to relax the muscles responsible for the wrinkle. Skin smooths out over 3-5 days and usually lasts 2 to 9 months. This can also be used to treat sweating of the palms, soles, and underarms.

**Face Lift**
Face lifts offer you a more youthful appearance by tightening the muscles of the face and neck and by removing excess skin. The CO2 Repair Laser may also be used to help eliminate wrinkles of the whole face or just the lines around the eyes or mouth.

**Brow Lift**
As time passes, the forehead and brow descend with gravity producing a tired, aged, or even angry look to the face. A simple procedure to correct this problem is the brow lift. This entails making a discreet incision in the hairline to elevate the forehead and lift the brows. This procedure can be performed alone, or in combination with other procedures that rejuvenate the eyes and face.

**Eye Lift (Blepharoplasty)**
An eye lift can correct droopy upper lids and puffy bags below your eyes – features that make you look old and tired. This is a quick and pain-free procedure which patients find very gratifying.

**Fat Transfer to the Face / Cheeks**
Using your body’s own fat to restore volume has become very popular. Most common places to restore volume include the cheeks, lips and nasolabial folds (smile lines around the mouth). The advantage of this procedure is that it uses your own body fat that can be stored for future use.

**Ear Tuck (Otoplasty)**
Correct protruding ears with a quick, thirty minute procedure. A local anesthetic is used to painlessly tuck the ears.

**CO2 Laser, CO2 Repair, Pearl Fraxel Laser Genesis**
The pulsed CO2 laser (the best laser for the face) uses a very high energy beam of light to improve scarring, erase fine lines, soften wrinkles, and other blemishes. Sun damaged or aging skin is carefully and precisely treated. Other lasers provide fewer results but also less recovery. Chemical peels are a less effective alternative to lasers.

**Surgical Correction**
Dr. Gray, a world renowned surgeon, is also sought for his artistry and ability to correct surgeries that have not met your desired expectations. To determine what is necessary to restore a more youthful you, call for your complimentary consultation. Discover A New You, 248-538-3333.
SKIN

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NON INVASIVE FAT REDUCTION

Zerona - Non-Invasive non-surgical way to reduce fat without any downtime or pain. Zerona is a low energy laser that causes fat cells to empty their fat which is then harmlessly excreted from the body. Patients can lose 3 to 9 inches in two weeks.

CELLULITE REDUCTION

Dermasonic - Ultrasound and Non-Invasive Sub-Dermal therapy used to offer maximum results in cellulite reduction. Perfect for body contouring and post-liposuction sculpting.

Triactive - Tightens and smooths skin to reduce cellulite. Excellent for post-liposuction. Low energy heat is used to tighten tissue, and can be used on any area of the body, including face and neck.

Wellbox/Pro-Power - At home cellulite reduction devices which utilize therapeutic massage. Medically proven to increase circulation, and reduce cellulite for a smoother appearance.

SKIN TIGHTENING AND RESURFACING

Pearl - New laser technology to treat the skin on the face. Offers less recovery than CO2 Laser. Pearl effectively treats wrinkles, color, texture, scars, laxity and more, typically with two treatments.

Fraxel - Non-Invasive, fractional resurfacing laser for improving pigment, acne scarring, fine lines and wrinkles on the face, chest and body. Fraxel Laser affects the deeper layers of the skin to rebuild the skin's collagen over a series of treatments.

Thermage - Uses radiofrequency (sound waves) to heat skin safely. This heat causes the skin to tighten without surgery or recovery time. Thermage is FDA approved for wrinkle reduction and can be used on any area of the face and body.

SKIN REJUVENATION AND RENEWAL

Laser Genesis - Non-Invasive laser energy to more effectively shrink pores, while improving redness, wrinkles, and texture without any downtime. Laser Genesis can be used on the face and body.

Diamond Tome - Crystal-Free Microdermabrasion used to smooth the surface of the skin and exfoliate dead skin cells and enhance collagen deposition.

Discover A New You, call Dr. Gray at 248•539•3223 for a complimentary consultation.

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At the Skin Deep Spa, we use the latest therapeutic skin technologies to help restore your youthful appearance, and get you looking and feeling your best.

Silk Peel - Crystal-Free Microdermabrasion like Diamond Tome but also infuses vitamins and serums into the skin's surface for a customized exfoliation and hydration.

Traditional Microdermabrasion - Renew skin cells using micro-crystals to smooth the skin's outer layers and minimize pores. Stimulates collagen and improves circulation.

PIGMENTED SKIN AND VESSELS

Limelight Facial - Treat tiny veins, brown spots, and sun damage with this non-invasive approach to skin rejuvenation. Reduces skin imperfections caused by aging and sun damage.

Laser Vein Therapy - Uses specific pulses of light to safely eliminate those ugly vessels on the body.

Fade Out for Face and Body - A medical grade cream that rejuvenates the skin and treats pigment, scars and more on the face and body.

LASER HAIR REMOVAL

Our newest Laser Hair Removal system will give permanent hair reduction to ALL SKIN TYPES. Faster and less painful than traditional removal methods. We continue to be the leaders in providing modern, efficient treatments for sleek, smooth, hair-free skin on the face and body.

PEELS AND FACIALS

Choose from a variety of skin peels, done in a series of treatments to renew skin's surface and improve skin tone and texture. Fast and painless, these peels help to turn over skin cells, and provide a healthy glow. These treatments can be used on the face and body, and are excellent for maintaining a youthful appearance.

ACNE THERAPY

Omnilux - FDA approved non-invasive light therapy, to treat and control moderately severe acne on the face and body in a series of treatments.

ADDITIONAL SERVICES

Tattoo Removal, Stretch Mark Removal, Permanent Makeup, Massage Therapy, Vista Skin Analysis, Medical Grade Skin Care Products, and Complimentary Skin Consultations.

Beautibar.com - An on-line store where you can order medical grade skin care cosmeceuticals and products, not available outside a doctor's office.